

# Hungry

## Matthew 9:14-17

"O God, please give me three wounds; the wound of contrition and the wound of compassion and the wound of longing after God."

Julian of Norwich



"This I ask this without condition, Father; do what I ask and then send me the bill. Anything that it costs will be all right with me.



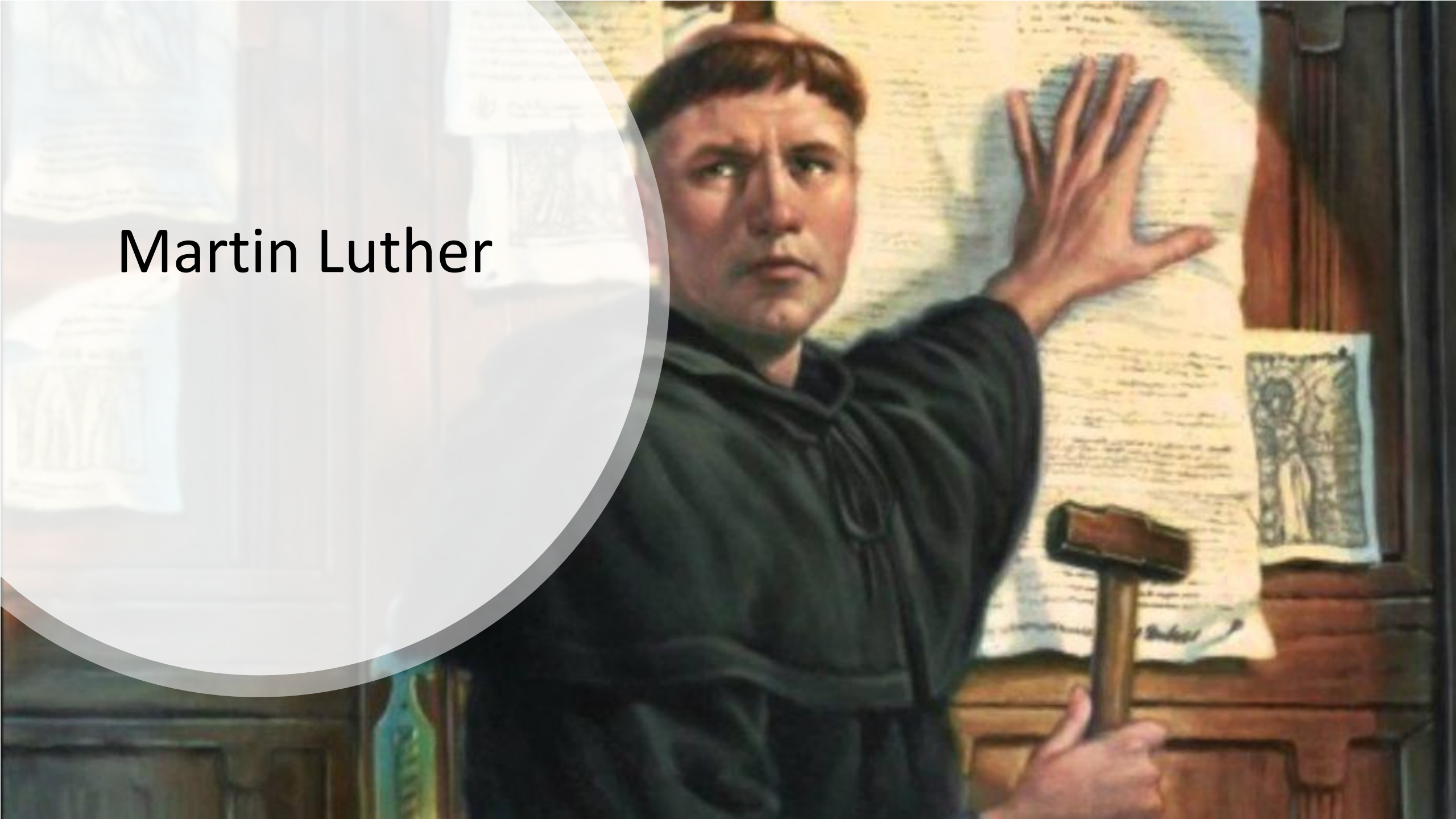
*"O God, please give me three wounds; the wound of contrition and the wound of compassion and the wound of longing after God. This I ask this without condition, Father; do what I ask and then send me the bill. Anything that it costs will be all right with me"*

Julian of Norwich





# Martin Luther



*<sup>14</sup> Then John's disciples came and asked him, "How is it that we and the Pharisees fast often, but your disciples do not fast?" <sup>15</sup> Jesus answered, "How can the guests of the bridegroom mourn while he is with them? The time will come when the bridegroom will be taken from them; then they will fast.*

*<sup>16</sup> "No one sews a patch of unshrunk cloth on an old garment, for the patch will pull away from the garment, making the tear worse. <sup>17</sup> Neither do people pour new wine into old wineskins. If they do, the skins will burst; the wine will run out and the wineskins will be ruined. No, they pour new wine into new wineskins, and both are preserved."*

Matthew 9:14-17

“Fasting can bring breakthroughs in the Spiritual realm that will never happen in any other way. It is a means of God’s grace and blessing that should not be neglected any longer. Wesley declares, ‘... it was not merely by the light of reason that people have been, in all ages, directed to use fasting as a means: .... But they have been taught it by God himself, by clear revelations of his will ... Now, whatever reasons there were to quicken those of old, in zealous and constant discharge of this duty, they are of equal force still to quicken us.’

Richard Foster  
Celebration of Discipline