





PAUL'S SECOND MISSIONARY JOURNEY

Philippians 1.

¹ Paul and Timothy, servants of Christ Jesus,

To all God's holy people in Christ Jesus at Philippi, together with the overseers and deacons:

² Grace and peace to you from God our Father and the Lord Jesus Christ.

³ I thank my God every time I remember you. ⁴ In all my prayers for all of you, I always pray with joy ⁵ because of your partnership in the gospel from the first day until now, ⁶ being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

⁷ It is right for me to feel this way about all of you, since I have you in my heart and, whether I am in chains or defending and confirming the gospel, all of you share in God's grace with me. ⁸ God can testify how I long for all of you with the affection of Christ Jesus.

⁹ And this is my prayer: that your love may abound more and more in knowledge and depth of insight, ¹⁰ so that you may be able to discern what is best and may be pure and blameless for the day of Christ, ¹¹ filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.

Misconceptions.

- Prayer is for when we're desperate!
- Prayer is for religious types.
- Prayer is about asking God for things.
- Prayer is more effective the longer you speak for and the bigger words and more syllables you use
- You have to be good to pray.
- You have to be a Christian for God to hear your prayers.



Why Pray?

- Pray because it's about relationship.
- Pray because Jesus did it and teaches us to.

Matthew 6:

⁶But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. ⁷And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. ⁸Do not be like them, for your Father knows what you need before you ask him. ⁹"This, then, is how you should pray:

" 'Our Father in heaven, hallowed be your name,
¹⁰your kingdom come, your will be done on earth as it is in heaven.
¹¹Give us today our daily bread.
¹²Forgive us our debts, as we also have forgiven our debtors.
¹³And lead us not into temptation, but deliver us from the evil one.'

Why Pray?

- Pray because it's about relationship.
- Pray because Jesus did it and teaches us to.
- Pray because it works.
- Pray because God loves you and cares about you.

How to Pray

- Pray to God the Father,
- In the Name of Jesus,
- In the Power of the Holy Spirit.
- Boldly.
- Intimately.

Things to Pray for

- Gods kingdom to come.
- Gods will to be done.
- For our Daily Bread.
- Forgive us our sins.

- Here at TBC – For Matt, Ang, the Elders and the Pastoral staff.
- For Revival.

Practicalities

- ACTS – Adoration, Confession, Thanksgiving, Supplication.
- STOP – Sorry, Thanks, Others, Please.
- A Psalm.
- Alone, in a group / triplet / pair.
- A regular appointment.

**COUCH
TO 5K**