

# Fear

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14 v 27

**For I hold you by your right hand,  
I, the Lord your God.**

**And I say to you,**

**‘Don’t be afraid. I am here to help you’.**

Isaiah 41 v 13

# Hopeless

Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and **I WILL** give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

Matthew 11 v 28 & 29

Give your burdens to the Lord  
and **He will** take care of you.

Psalms 55 v 22

# **Not good enough**

**“For I know the plans I have for you”  
says the Lord. “They are plans for good and not for  
disaster, to give you a future and a hope”.**

**Jeremiah 29 v 11**

**You made all the delicate, inner parts of my body and knit  
me together in my mother’s womb.**

**You saw me before I was born. How precious are your  
thoughts about me, O God. They can not be numbered!**

**(from Psalm 139)**



# Forgiveness

**This means that anyone who belongs to Christ has become a new person. The old life is gone, a new life has begun!**

1 Corinthians 5 v 17

**Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.**

Ephesians 5 v 32



# Shame

**But the Lord said to Samuel, “Don’t judge by his appearance or height, for I have rejected him. The Lord doesn’t see things the way you see them. People judge by outward appearance, but the Lord looks at the heart.”**

1 Samuel 16 v 7



**?**

**Don't worry about anything, instead, pray about everything. Tell God what you need and thank Him for all He has done.**

**Philippians 4 v 6**

**God so loved the world He gave.....**



**See what great love the Father  
has lavished on us,  
that we should be called  
children of God!**

**And that is what we are!**

**1 John 3 v 1**

# Lavish...

Elaborate, luxurious,

lush, gorgeous, costly, grand,  
splendid, rich, regal, expensive, fancy,

liberal, open-handed, unsparing,  
ungrudging, free, abundant, ample,

superabundant

give freely, heap, shower,

over flowing





**Not going away.....**

**Understand, therefore, that the LORD your God is indeed God. He is the faithful God who keeps his covenant for a thousand generations and lavishes his unfailing love on those who love him and obey his commands**

Deuteronomy 7 v 9

# Nothing can take it away.....

And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love.

No power in the sky above or in the earth below – indeed, nothing in all creation will EVER be able to separate us from the love of God that is revealed in Christ Jesus our Lord.

Romans 8 v 38 &39